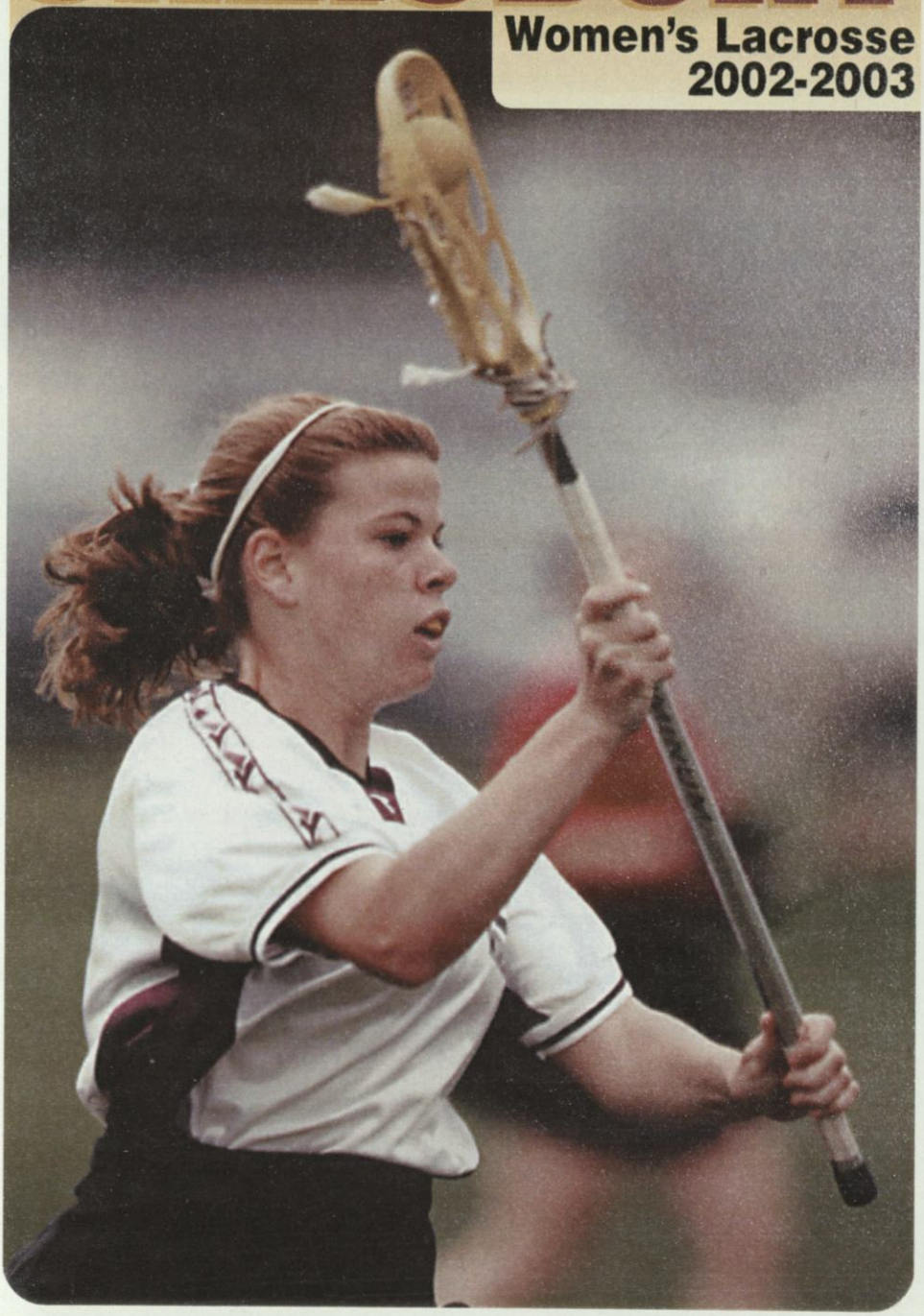
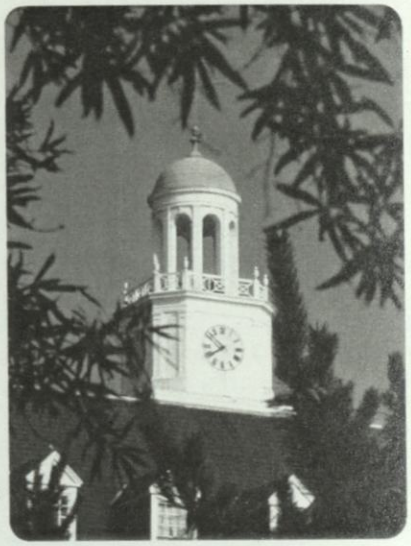
SALISBURY

Women's Lacrosse
2002-2003



SU AT A GLANCE



The resources of a University ...
6,600 students from 38 states and 37 foreign countries 40 undergraduate and 11 graduate programs 290 full-time faculty, 90 percent of tenure-track faculty have terminal degrees, including National Endowment for the Humanities scholars and Fulbright professors. NCAA Division III Athletics, 9 men's, 10 women's intercollegiate teams; 19 intramural sports

... with small-school opportunities.
Approachable faculty
(17:1 student/faculty ratio)
Honors program with dedicated faculty at the Bellavance Honors Center. Ten residence complexes including traditional, co-ed, suite and apartment styles.

The security of state support ...
2002-03 tuition, room, board and fees: $11,154 per year for Maryland residents; $16,918 per year out-of-state.
A library with over 800,000 volumes, periodicals, microforms and databases including word processing and computer labs. Access to collections throughout the country.

... with the benefits of private funding.
Altogether, SU awards some $1 million in academic scholarships each year. More than $24 million in private endowments supports some of those scholarships and provides for some of the finest educational programs.

In an ideal—and idyllic—location:
Salisbury, MD, is 30 miles west of the Atlantic Ocean and Ocean City, MD, and 20 miles east of the Chesapeake Bay; 2 hours from Baltimore, Washington, D.C. and Wilmington, DE. The campus is 2 1/2 hours from Norfolk, VA, and Philadelphia, PA, and 4 1/2 hours from New York.

Come see us—in person, or in cyberspace. We'd love to see your smiling face, but if you can't get here, check out our Web site. We're at **www.salisbury.edu.**

SU's campus is in an attractive, residential neighborhood of stately homes on sculpted lawns, less than one-half mile from the banks of the Wicomico River. The campus includes 46 buildings on over 140 landscaped acres. Students walk from one end of campus to the other in about 5 minutes.

HEAD COACH JIM NESTOR

Jim Nestor completed his first year as the head coach for women's lacrosse by leading the Sea Gulls to their sixth straight winning season with a 9-6 record in 2002. Salisbury advanced to the semifinals of the CAC Tournament and concluded its season by winning three of its final four games. The Gulls had four players recognized on the all-conference team and three players named to the all-South Atlantic Region team.

Nestor, a 1990 graduate of the University, returned to his Alma Mater after serving as the head coach for both women's lacrosse and women's soccer at Division II Gannon University in Erie, PA, since 1995. Nestor also coaches the Salisbury women's soccer team and led the Gulls to a 14-2-3 record in his first season in 2001.

"Jim is a very talented coach with a proven track record of success," said Dr. Michael Vienna, director of athletics. "We believe he'll be able to continue the strong tradition in both of these sports at Salisbury University. We're glad that he's returned to his Alma Mater."

Nestor compiled a 73-20-1 record in six seasons with the Gannon women's lacrosse program. The Lady Knight's concluded the 2001 season with a 17-15 loss in the NCAA Division II Tournament's national semifinals to finish with a 14-4 record. Nestor guided the team to a winning season every year during the program's six-year history. Gannon won three straight ECAC Championships from 1998-2000 and was named the co-national champion by the Intercollegiate Women's Lacrosse Coaches Association (IWLCA) following the 2000 season.

Nestor was named the IWLCA's Division II Coach of the Year in 1996 and was recognized as the NCAA Division II Coach of the Year in 2000 by College LacrosseUSA.com. Gannon had 21 players recognized as all-Americans during Nestor's tenure with the program.

Nestor posted a 49-44 record in five seasons as the head coach of the women's soccer program. He guided the team to four consecutive winning seasons, the only winning seasons in the program's history. The Lady Knights set the school-record with 12 wins in both the 1998 and 1999 seasons. Nestor stepped down as head coach following the 1999 season, but remained as an assistant with the program in 2000.

His coaching resume also includes stints at Frostburg (MD) State (1991-92), Colby-Sawyer (NH) (1992-94) and Lafayette (PA) (1994).

Originally from Laurel, MD, Nestor received his bachelor's degree in physical education from Salisbury in 1990. He was a four-year letterman on the Sea Gull lacrosse and wrestling teams during his collegiate career. Nestor earned his master's degree in health and physical education at Frostburg State in 1992. His wife, Linda, is also a Salisbury graduate and was a four-year letterwinner on the women's lacrosse team.

Sea Gulls Since '97

1997	10-5
1998	9-4
1999	12-4
2000	15-3
2001	14-4
2002	9-6
TOTAL	69-26

2002 SEASON REVIEW

Gulls Post Sixth Straight Winning Season in Nestor's Debut Campaign

The women's lacrosse team continued the successful Salisbury tradition by recording its sixth straight winning season while also adjusting to the new leadership of first-year Head Coach Jim Nestor in 2002. The Sea Gulls were ranked in the national top 15 for most of the 2002 campaign, including three weeks in the top 10, and closed the year at No. 17 in the final IWLCA poll of the season.

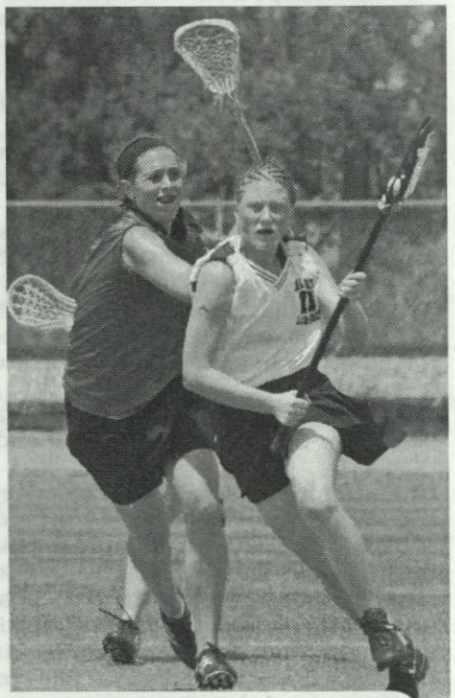
Salisbury has won 69 games over the past six seasons, with two Capital Athletic Conference championships and three NCAA Tournament berths since 1999. The 2002 senior class concluded its tenure with 50 victories in four years, finishing tied for the most victories during a four-year span in the history of Salisbury women's lacrosse.

The Sea Gulls once again faced one of the most challenging schedules in the nation. Salisbury played six of the top 12 ranked teams in the final poll of the 2002 season, including three of the nation's top four. The Gulls also closed the season by winning three of their final four games, including a 9-8 victory over Eastern Shore rival Washington (MD) College in the season finale.

Known for its high-octane offense, Salisbury has finished among the nation's team scoring leaders in three of the past four years. The Gulls averaged 12.7 goals per game in 2002 and scored in double-digits eight times, including a season-high of 26 goals against CAC foe Catholic.

Individually, two of the most proficient scorers in team history concluded their careers in 2002. **Christine Sliger**, who set the national season assist record in 2001, capped her career as SU's second all-time points scorer with 247. **Amanda Almon** finished third all-time with 192 career points. Sliger and Almon are also first and third, respectively, on SU's career assist rankings. Both players, along with junior defender **Kristen Maisel**, earned all-South Atlantic Region honors.

Sliger, Almon and Maisel were also named to the all-conference first team in 2002. Senior **Betsy McDuell**, who was the winner of SU's Unsung Hero Award, was named to the all-CAC second team. Other team award winners included junior **Katie Zielinski** for the Coaches Award, sophomore **Amber Stansbury** for the Most Improved and Sliger as the team's MVP.



Christine Sliger on attack

2002 FINAL STATISTICS AND RESULTS

Individual Scoring	2002 Season Shots	Goals	Assists	Points	Career Totals Goals	Assists	Points
Christine Sliger	83	25	38	63	100	147	247
Amanda Almon	83	28	25	53	117	75	192
Abby Cooper	49	20	9	29	33	17	50
Jessica White	34	14	11	25	14	11	25
Betsy McDuell	38	20	1	21	41	15	56
Shannon Jarrett	35	15	4	19	15	4	19
Julie Herring	22	13	1	14	16	1	17
Lindsay Blount	28	12	1	13	12	1	13
Theresa Driscoll	42	12	0	12	29	12	41
Gina Glorioso	32	10	2	12	10	2	12
Courtney Vaughan	8	4	2	6	5	2	7
Katie Zielinski	14	6	0	6	9	5	14
Linda Ackermann	15	4	1	5	4	1	5
Amber Stansbury	8	4	0	4	6	0	6
Emily Dutch	3	2	1	3	2	1	3
Kelly Murphy	7	1	1	2	4	2	6
Melissa Dugan	3	0	2	2	15	10	25
Sarah Slafkosky	4	1	0	1	1	0	1
Kristen Maisel	0	0	1	1	1	3	4
Lindsay Reiter	1	0	0	0	1	1	2
Lauren Chmura	0	0	0	0	1	0	1
Alicia Groveston	3	0	0	0	0	0	0
Christine Pervola	1	0	0	0	0	0	0
Anna Gilbert	2	0	0	0	0	0	0
SU TOTALS	**515**	**191**	**100**	**292**			
OPPONENTS	**333**	**128**	**54**	**182**			

Goalie Statistics	G/GS	Min	Saves	Goals	Save %	SPG
Dena Glison	15/15	897	133	126	.514	8.9
Christine Schipul	3/0	12	2	2	.500	0.7
SU TOTALS	**15/15**	**909**	**135**	**128**	**.513**	**9.0**
OPPONENTS	**15/15**	**909**	**190**	**191**	**.498**	**12.6**

2002 Game-by-Game Results • Final Record: 9-6, CAC Record: 3-2

Date	Opponent	Notes	Result
March 2	Notre Dame (Md)	Jarrett 5g; Sliger 3g-3a	W 14-5
March 6	@St. Mary's *	White 3g	L 7-6
March 9	@Franklin & Marshall	White game-winner	W 12-11
March 16	@New Jersey	Almon, Driscoll 2g each	L 14-9
March 20	Amherst	Sliger 2g-1a	L 12-6
March 23	Goucher *	Almon, Cooper 3g-1a	W 12-5
March 28	Rowan	Sliger 3g-1a; Almon 1g-2a	L 10-9(ot)
April 2	Catholic *	Five players with three goals	W 26-8
April 4	@Marymount	Sliger 4g-2a; Almon 2g-5a	W 17-10
April 6	Frostburg State	Almon, Sliger 3g-3a	W 19-3
April 10	@Mary Washington *	Almon 2g	L 11-7
April 12	Villa Julie	McDuell 4g, Sliger 3-6,	W 19-6
April 16	Marymount	CAC Tournament	W 19-7
April 19	@Mary Washington	CAC Tournament	L 11-7
April 24	@Washington	Sliger 199th career goal	W 9-8

* Capital Athletic Conference game

2002 SEA GULL ROSTER

No	Name	Yr	Pos	Hometown	High School
1	Kelly Murphy	So	Def	Rockville, MD	Magruder
2	Sarah Slafkosky	Fr	Mid	Catonsville, MD	Catonsville
3	Linda Ackermann	Fr	Mid	Sykesville, MD	Liberty
4	Courtney Vaughan	So	Att	Columbia, MD	Hammond
5	Betsy McDuell	Sr	Mid	Amber, PA	Wissahickon
6	Emily Dutch	Fr	Mid	Ellicott City, MD	Mt. Hebron
7	Julie Herring	So	Mid	Edgewater, MD	South River
8	Katie Jesby	Jr	Def	Flemington, NJ	Hunterdon Central
9	Christine Pervola	Fr	Mid	Pasadena, MD	Northeast
11	Lindsay Reiter	So	Mid	Gaithersburg, MD	Gaithersburg
12	Amber Stansbury	So	Mid	Edgewood, MD	Edgewood
14	Dawn Joyce	Sr	Def	Lester, PA	Cardinal O'Hara
15	Katie Zielinski	Jr	Mid	Baltimore, MD	Kenwood
16	Amanda Almon	Sr	Mid	Columbia, MD	Hammond
17	Lauren Chmura	So	Mid	Edgewood, MD	Edgewood
18	Christine Sliger	Sr	Att	Whiteford, MD	North Harford
19	Lindsay Blount	So	Att	Pennington, NJ	Hun School
20	Shannon Jarrett	Jr	Mid	Burke, VA	Lake Braddock
21	Theresa Driscoll	Jr	Mid	Towson, MD	Western
22	Jessica White	So	Mid	Annapolis, MD	Annapolis
23	Anna Gilbert	So	Def	Columbia, MD	Long Reach
24	Melissa Dugan	Jr	Def	Ellicott City, MD	Centennial
25	Kristen Maisel	Jr	Def	Annapolis, MD	Broadneck
26	Gina Glorioso	Sr	Att	Reisterstown, MD	Mt. DeSales
28	Abby Cooper	Sr	Att	Westminster, MD	Westminster
29	Alicia Groveston	Jr	Def	Galesville, MD	Southern
34	Christine Schipul	So	GK	Centerville, MD	Kent Island
35	Dena Glisan	Jr	GK	Columbia, MD	Oakland Mills

THE RECORDBOOK

Individual Records-Single Game

Most Goals:	10 Jen Mezzadra (vs. Frostburg St., 1999)
	10 Flossy Owens (vs. St. Mary's, 1993)
Most Assists:	10 Christine Sliger (vs. Alfred, March 9, 2001)
Most Points:	13 (5g, 8a) Amamda Moculski (vs. Catholic, 1999)
	12 (2g-10a) Christine Sliger (vs. Alfred, March 9, 2001)
	11 (10g-1a) Jen Mezzadra (vs. Frostburg State, 1999)
Most Saves:	29 Tanya Minion (vs. Loyola, 1982)

Individual Records-Single Season

Most Goals:	84, Jen Mezzadra, 2001
Most Assists:	81, Christine Sliger, 2001
Most Points:	131, Christine Sliger, 2001 (50g-81a)
Most Saves:	225, Kelly Williamson, 1984

Team Records-Single Game

Most goals scored:	29	(vs. Notre Dame, 2000), 29-1
Most goals allowed:	28	(vs. Shippensburg, 1989), 28-12
Fewest goals scored:	0	(vs. Maryland, 1977), 16-0;
	0	(vs. Towson St., 1982), 7-0
Fewest goals allowed:	0	(vs. Marymount, 1997); (vs. Marymount, 2000)
Most goals, both teams:	40	(vs. Shippensburg, 1989), 28-12
Most assists:	20	(vs. Notre Dame, 2000), 29-1

Team Records-Single Season

Most wins:	15	(2000)
Most losses:	12	(1982)
Best winning pct.:	.833	(2000) (15-3)
Most consecutive wins:	10	(2001)
Most consecutive losses:	9	(1984)
Most games played:	18	(2000, 2001)
Most goals scored:	336	(2000)
Most goals allowed:	185	(1982)
Most assists:	193	(2001)
Most points:	520	(2000)

CAREER LEADERS

Most Goals

1. Jen Mezzadra	248	(1998-01)
2. Flossy Owens	140	(1992-95)
3. Andie Phillips	128	(1987-90)
4. Linda Lombardi	120	(1986-89)
5. Amanda Almon	117	(1999-02)
6. Jen Ice	114	(1997-00)
7. Amanda Moculski	100	(1998-00)
Christine Sliger	100	(1999-02)
9. Kim Marlatt	93	(1986-90)
10. Annie Sappington	90	(1997-00)

Most Assists

1. Christine Sliger	147	(1999-02)
2. Amanda Moculski	76	(1998-00)
3. Amanda Almon	75	(1999-02)
4. Jen Mezzadra	67	(1998-01)
5. Annie Sappington	55	(1997-00)
6. Michelle Haynie	52	(1998-00)
7. Claudia Hession	40	(1983-86)
Stacy Stem	40	(1984-87)
9. Jen Ice	38	(1997-00)
10. Cheryl Ish	30	(1989-92)

Most Points

1. Jen Mezzadra	315	(1998-01)
2. Christine Sliger	247	(1999-02)
3. Amanda Almon	192	(1999-02)
4. Amanda Moculski	176	(1998-00)
5. Flossy Owens	160	(1992-95)
6. Andie Phillips	156	(1987-90)
7. Jen Ice	152	(1997-00)
8. Annie Sappington	145	(1997-00)
9. Linda Lombardi	141	(1986-89)
10. Kim Marlatt	118	(1986-90)

Most Saves

1. Shawna Block	695	(1993-96)
2. Karen Suhorsky	518	(1975-78)
3. Lisa Kallis	275	(1989-90)
4. Kris Hart	262	(1991-92)
5. Dena Glisan	243	(2000-02)
6. Kelly Williamson	225	(1984)
7. Kristin Archer	216	(1997)
8. Jen Jovan	207	(1999)
9. Mary Giacofci	182	(1979-80)

2002 HONOR ROLL

ALL-CAPITAL ATHLETIC CONFERENCE

First Team
Christine Sliger
Amanda Almon
Kristen Maisel

Second Team
Betsy McDuell

ALL-SOUTH ATLANTIC REGION

First Team
Christine Sliger

Second Team
Amanda Almon
Kristen Maisel

NORTH/SOUTH ALL-STAR GAME

Christine Sliger

TEAM AWARDS

MVP
Christine Sliger

Most Improved
Amber Stansbury

Coaches Award
Katie Zielinski

Unsung Hero
Betsy McDuell

Sea Gull Quick Facts

Location	Salisbury, Maryland
Founded	1925
Enrollment	6,600
President	Dr. Janet Dudley-Eshbach
Colors	Maroon and Gold
Nickname	Sea Gulls
Web Site	www.salisbury.edu
Affiliation	NCAA Division III
Conference	Capital Athletic Conference
Head Coach	Jim Nestor
Alma Mater	Salisbury '90
Record at SU, Years	9-6, one year
Career Record	82-26-1 (7 years)
Coach's Phone	410-677-5338
Coach's Email	jpnestor@salisbury.edu
Assistant Coaches	TBA
Director of Athletics	Dr. Michael Vienna
Athletic Dept. Phone	410-548-3503
Athletic Dept. Fax	410-546-2639
2002 Record	9-6 overall (3-2 CAC)

Visit the team Web site at
www.salisbury.edu/athletics
to see the 2003 schedule and for
the latest Sea Gull news and information.

The 2002 Sea Gull team captains, pictured (l-r), Christine Sliger, Dawn Joyce, Amanda Almon.

SU'S ATHLETICS PHILOSOPHY

Salisbury University, a member of the National Collegiate Athletic Association's (NCAA) Division III, offers 19 intercollegiate sports for men and women. In addition to NCAA membership, SU competes as a member of the Capital Athletic Conference (CAC) and the Eastern College Athletic Conference (ECAC).

As a member of the NCAA's Division III, Salisbury places the highest priority on the overall quality of the educational experience. In doing so, it seeks to strengthen the integration of objectives and programs in athletics with academic and developmental objectives, and to assure the integration of athletes with other students.

SU places special importance on the impact of athletics on the participants, with emphasis on the internal constituency (students, alumni and special friends) rather than on the general public and its entertainment needs.

The SU athletics program is further characterized by the following principles:

- Participants receive the same treatment as other students. They have no unique privileges in admission, academic advising, course selection, grading, living accommodations or financial aid. Similarly, athletes are not denied rights and opportunities that would be available to them as non-athletes.

- Sports for men and women are given equal emphasis and the desired quality of competition is similar in all sports.

- Students are supported in their efforts to reach high levels of performance by providing them with adequate facilities, competent coaching and appropriate competitive opportunities with students from similar institutions.

- SU strives to make the student-athlete's participation in intercollegiate athletics an enriching experience, and holds genuine concern for each participant's welfare. The intercollegiate program's foremost goal at all times is to supplement and enrich the first priority of the University, which is academic accomplishment.

NCAA®

Salisbury
UNIVERSITY

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